

**RELEASE OF LIABILITY FOR MINOR PARTICIPANTS
FOR
COOPERSVILLE ROCKET FOOTBALL**

READ BEFORE SIGNING

COOPERSVILLE ROCKET FOOTBALL PERMISSION SLIP AND INDEMNITY AND HOLD HARMLESS
AGREEMENT

I hereby give my permission for my child _____
NAME

to participate in the COOPERSVILLE ROCKET FOOTBALL , a member of the Northern Rocket Football League,
Inc.

I (we) the undersigned, do hereby agree and contract to INDEMNIFY AND HOLD HARMLESS,
COOPERSVILLE ROCKET FOOTBALL and the Northern Rocket Football League Inc, and any and/or all Rocket
coaches, assistant coaches, field directors, board members, teammates and players for any and/or all injuries
incurred to my child. The INDEMNITY AND HOLD HARMLESS AGREEMENT however, shall not bar actions
for intentional gross or wanton negligence.

If I (we) or my above named child and his/her heirs, executors or assigns, bring any legal action against any of the
aforementioned individuals and/or organization(s), I (we) agree to indemnify the aforementioned individuals and
organization(s) for and/or liability and/or costs and/or expenses they may incur. This specifically includes
indemnity for all attorney expenses, legal expenses, costs, including any amount of settlement, or the amount of any
jury verdict.

The undersigned warrants that no promise or inducement has been offered except as herein set forth; THIS IS AN
INDEMNITY AND HOLD HARMLESS AGREEMENT; the undersigned is of legal age, is legally competent, and
has legal custody of the aforementioned child.

This is not a recital and this INDEMNITY AND HOLD HARMLESS AGREEMENT contains the entire
agreement.

**I (WE) HAVE READ THIS RELEASE OF LIABILITY AND ASSUMPTION OF RISK AGREEMENT,
FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I (WE) HAVE GIVEN UP SUBSTANTIAL
RIGHTS BY SIGNING IT, AND SIGN IT FREELY AND VOLUNTARILY WITHOUT ANY
INDUCEMENT.**

_____ X _____
TODAY'S DATE PARENT/LEGAL GUARDIAN

X _____
PARENT/LEGAL GUARDIAN

STREET ADDRESS CITY STATE/ZIP TELEPHONE (+ AREA CODE)

NRFL SIGN-UP FORM FOR 2008

FOR THE AREA OF COOPERSVILLE ROCKET FOOTBALL

THIS FORM IS NOT VALID UNLESS THE RELEASE OF LIABILITY/PERMISSION SLIP IS ATTACHED. ORIGINALS ARE TO REMAIN WITH THE AREA, COPIES FURNISHED TO THE LEAGUE.

PLAYERS NAME _____

ADDRESS _____

CITY _____ **STATE** _____ **PHONE #** _____

GRADE IN FALL 2008 _____

VERIFICATION BY

AGE AS OF 11/01/2008 _____

DATE OF BIRTH _____

WEIGHT _____

MEDICAL CARD COMPLETED YES/NO

PAYMENT AMOUNT _____

CHECK _____

CASH _____

ROCKET FOOTBALL _____ **FLAG FOOTBALL** _____

SHIRT SIZE FOR FLAG FOOTBALL

Youth Small _____ (6-8)

Adult Small _____

Adult X Large _____

Youth Medium _____ (10-12)

Adult Med _____

Youth Large _____ (14-16)

Adult Large _____

Youth Flag Football Parent Information Letter
Parents you are responsible for the following Information

- This is flag football but **there will be incidental contact** among the kids and contact while blocking. Please make sure your child is aware of this.
- League age is November 1 of this year. Children must play in their age group.
- We will have a coaches meeting shortly after the sign-ups.
- Age groups will be 4 and 5 year olds and 6 and 7 olds.
- You must provide comfortable shorts or sweat pants and cleats. No metal or screw-in type cleats will be allowed. We provide the uniform shirts and flags.
- We may start practice late August or early September and start games the week of September 15.
- We will play on Monday and Tuesday nights starting at 6:00 and 7:00. We will play on the outfield of the Grove St softball field and use the lights for the night games.
- We will play a 6 game schedule and finish the week of October 13.
- **Requests may or may not be granted.** No more than one other child may be requested to play together. If you forgot to write something down we will not be responsible. It is impossible to satisfy everyone.
- Please for the safety and welfare of **your** children; **NO DOGS and NO smoking** at our game and practice areas. Parking lot **SPEED LIMIT** is 15 MPH
- We pay referees to work our games but they are not professionals. **PLEASE TREAT OUR GAME OFFICIALS WITH RESPECT. SHOW GOOD SPORTSMANSHIP AT ALL TIMES**
- Call the recreation department 997-9731 (after 5:00 PM use ext. 23) for answers to your questions.
- **Please make sure that you clean up after yourselves at practice and game sites.**
- **Please watch your child and stop them if they dig in the ground.**